

Junior Sailing Program - 2021

12-01-20

Welcome to the North Shore Yacht Club Junior Sailing Program

Learn to Sail: Ages 6-16 / 2 Week Sessions / Mon-Fri 9am-4pm / Starting in June

The Junior Sailing Program is open to children of members, relatives of members, and on a limited basis, non-members.

Cost: Members \$1050 Non-Members \$1250

This program is for swimmers ages 6-16 with little or no sailing experience as well as advanced beginners interested in honing their skills or learning to race. This program provides an introduction to the elements of basic seamanship. Instruction covers the basics: rigging and un-rigging, capsizing, rules of the road, sailing, sail trim, tacking, jibing, knot tying and navigation with an emphasis on developing confidence on the water. The advanced and racing classes include racing skills like starting line tactics and more advanced skills. The program trains on the Optimist Dinghy and Laser Picos.

What to Bring: Lifejacket (no inflatable types), wear bathing suit, sailing clothes, water shoes (no open-toes or Crocs), towel, dry clothes, sunscreen, lunch, water, snack.

Staff: Our Certified Sailing Instructor has exceptional sailing knowledge and teaching experience and certified in CPR and First Aid. This includes extensive teaching, coaching and racing experience.

SESSION(S): Monday – Fridays only – 9:00 a.m. -4:00 p.m. - Limited space per 2-Week session on first come basis.

1 Session starting in June

2 Sessions starting in July

1 Session starting in August

Contact: For specific dates & more information please contact Commodore Linda Kulla.

jrsailing@nsyc.net / 917-750-8763